



Mild Head Injury Clinic
Pain Management Clinic
Memory Disorders Clinic



Dear Program Leader and Parent,

About one in 10 local athletes in contact sports will sustain a concussion during the upcoming sports season. Many athletes, trainers, coaches, and parents do not know how serious the effects of a seemingly mild concussion can be. This lack of awareness may result in allowing an athlete to return to play too soon following an initial injury, placing him or her at risk of more serious injuries. At the Sports Concussion Institute (SCI), our biggest concern is the safety and wellness of these young school-age athletes. A recent neuropsychological research study indicates that age plays a significant role in recovery following sports-related concussions, specifically, that young athletes need a longer recovery time than collegiate athletes following concussions.

We would like to introduce you to the Sports Concussion Institute and Pain Management Clinic located in Los Angeles, California. The Sports Concussion Institute is a highly differentiated healthcare entity specializing in traumatic head injuries, concussions, and other neurocognitive ailments. SCI specializes in treating the athlete who has sustained a concussion, with services designed to facilitate his or her recovery as well as safe, confident, return to play, school, and/or work. One of the assessment procedures used is a computerized neuropsychological assessment that is currently used by the NFL, NHL, MLB, Lacrosse, Professional Boxing, US Soccer, and many middle schools, high schools, and colleges. The computerized neuropsychological assessment is a sophisticated, research-based software tool developed to help sports-medicine clinicians evaluate recovery following concussion. The program evaluates and documents multiple aspects of neurocognitive functioning including memory, brain processing speed, reaction time and post-concussive symptoms.

Timely and accurate diagnosis is critically important for reduced injury and long-term consequences to athletic, cognitive, academic, and professional success. It is crucial to know when it is safe to return to play to avoid serious brain injury. Most often, return to play decisions are made without the benefit of neuropsychological assessment and are based on the player's report of symptoms. The Sports Concussion Institute can assess valuable information using advanced neuropsychological measures and cognitive assessments. As a leading healthcare entity on the technological and innovative forefront of concussion management, we recommend pre-injury evaluations on all school-age athletes. We believe this approach represents thoughtful prevention/intervention methods to avoid serious head injury, and promotes wellness, health and safety in children and young adults. This program will result in technology that (1) provides valuable information to coaches, administrators, athletes, parents, and clinicians about concussion management; (2) provides the foundation to better understand the standard of care required in dealing with head injuries; and (3) promotes the safe return to play. This prevention intervention program is an innovative advancement in promoting a standard of care around the injury of concussion. The ultimate goal of the program is to create a safer environment for athletes through a robust campaign of education, awareness, and clinical care.

It is our hope that your organization will take the same preventative measures that many others have taken to provide the proper means for safety and prevention for your athletes.

We look forward to your involvement in our SCI Prevention Intervention Program. Please contact us at (310) 643-9595 or dylan.cheng@concussiontreatment.com or visit our website at www.concussiontreatment.com.