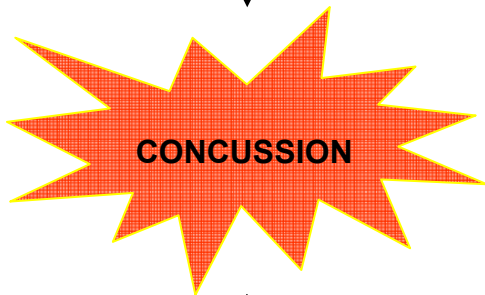




# Concussion Management Protocol: Coaches and Athletic Trainers

- PRE-SEASON**
- Educational Seminar
  - Baseline Testing
  - Emergency Protocol Setup



- ACUTE STAGE**
- Follow Emergency Protocol
  - Sideline Assessment (SCAT2)

Emergency Dept with Worsening Symptoms

- MANAGEMENT STAGE (SCI)**
- Post-Injury Concussion Testing
  - Vestibular Testing
  - Assessment of Return to Play and Return to School

Not Cleared

- MANAGEMENT STAGE**
- REST until Symptom-Free
  - Return to School – Red Level
  - **NO Physical Activity**
  - Additional Testing Until Clearance

Cleared

- CLEARANCE TO RETURN**
- Return to Play (Gradual)
  - Return to School (Orange – Green Levels)
  - Follow Up/Monitor Athlete for Next 2 weeks

Effective concussion management begins well before the injury occurs. During the Pre-Season, trained staff from the Sports Concussion Institute provide educational seminars to athletes, parents, coaches, athletic trainers, and teachers. Computerized baseline concussion testing is used to supplement the Emergency Protocol of the school or organization following the Acute Stage of a suspected injury. SCI then provides comprehensive neuropsychological and balance testing to validate the results, and to assess the athlete's ability to return to school and return to play. In this regard, SCI collaborates with coaches, athletic trainers, and teachers to effectively manage the concussion until the athlete can be safely returned to full physical and cognitive activity.