



Mild Head Injury Clinic  
Pain Management Clinic  
Memory Disorders Clinic

## Sports Concussion Institute

5230 Pacific Concourse Dr., Suite 300  
Los Angeles, CA 90045

[www.concussiontreatment.com](http://www.concussiontreatment.com)

(310) 643 - 9595

## Concussion Signs and Symptoms Evaluation

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Please call us at (310) 643 - 9595 if any of these symptoms are experienced or observed.

### Signs observed by staff

- appears to be dazed or stunned
- is confused about assignment
- forgets plays
- is unsure of game, score, or opponent
- moves clumsily
- answers questions slowly
- loses consciousness  
(**even temporarily**)
- shows behavior or personality change
- forgets events prior to hit  
(**retrograde amnesia**)
- forgets events after hit  
(**anterograde amnesia**)

### Signs reported by athlete

- headache
- nausea
- balance problems and dizziness
- double or fuzzy vision
- sensitivity to light or noise
- feeling sluggish
- feeling "foggy"
- change in sleep pattern
- concentration and memory problems

***Symptoms may worsen with exertion.  
Athlete should not return to play until symptom-free.***